

FPMx Brief Outcomes

Name:

DOB:

Date.....

Brief Pain Inventory (BPI)

1. Please rate **your pain** by circling the one number that best describes your pain at its **worst** in the last 24 hours.

| | | | | | | | | | | |
|---------|---|---|---|---|---|--------------------------------|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | Pain as bad as you can imagine | | | | |

2. Please rate **your pain** by circling the one number that best describes your pain at its **least** in the last 24 hours.

| | | | | | | | | | | |
|---------|---|---|---|---|---|--------------------------------|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | Pain as bad as you can imagine | | | | |

3. Please rate **your pain** by circling the one number that best describes your pain on **average**.

| | | | | | | | | | | |
|---------|---|---|---|---|---|--------------------------------|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | Pain as bad as you can imagine | | | | |

4. Please rate **your pain** by circling the one number that tells how much pain you have **right now**.

| | | | | | | | | | | |
|---------|---|---|---|---|---|--------------------------------|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| No pain | | | | | | Pain as bad as you can imagine | | | | |

5. In the last week, **how much relief have pain treatments or medications provided?** Please circle one percentage that best shows how much relief you have received.

| | | | | | | | | | | |
|-----------|-----|-----|-----|-----|-----|-----|-----|-----------------|-----|------|
| 0% | 10% | 20% | 30% | 40% | 50% | 60% | 70% | 80% | 90% | 100% |
| No Relief | | | | | | | | Complete Relief | | |

6. Circle the one number that describes how, during the past week, pain has interfered with your:

A. General Activity

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

B. Mood

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

C. Walking Ability

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

D. Normal Work (includes work both outside the home and housework)

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

E. Relations with other people

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

F. Sleep

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

G. Enjoyment of Life

| | | | | | | | | | | |
|--------------------|---|---|---|---|---|---|---|-----------------------|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Does Not Interfere | | | | | | | | Completely Interferes | | |

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7. PSEQ2 Please circle: 0 = not at all confident and 6 = completely confident

| | | | | | | |
|--|---|---|----------------------|---|---|---|
| I can do some form of work, despite the pain (“work” includes house work, paid & unpaid work) | | | | | | |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Not at all confident | | | Completely Confident | | | |

| | | | | | | |
|--|---|---|----------------------|---|---|---|
| I can live a normal lifestyle, despite the pain. | | | | | | |
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Not at all confident | | | Completely Confident | | | |

8. Kessler K6 Please circle number of best answer for each question

| During the last 30 days, about how often did you feel | None Time | Little Time | Some Time | Most time | Always |
|---|-----------|-------------|-----------|-----------|--------|
| 1 ... Nervous ? | 1 | 2 | 3 | 4 | 5 |
| 2 ... Hopeless ? | 1 | 2 | 3 | 4 | 5 |
| 3 ... Restless or Fidgety? | 1 | 2 | 3 | 4 | 5 |
| 4 ... So depressed that nothing could cheer you up? | 1 | 2 | 3 | 4 | 5 |
| 5 ... That everything was an effort | 1 | 2 | 3 | 4 | 5 |
| 6 ... Worthless | 1 | 2 | 3 | 4 | 5 |

9. Global Perceived Effect / Satisfaction with treatment compared to baseline: Please circle number of best answer

| | | | | | | |
|-----------------|------------|-------|-----------|--------|-------------|------------------|
| Very Much Worse | Much Worse | Worse | Unchanged | Better | Much Better | Very Much Better |
| -3 | -2 | -1 | 0 | +1 | +2 | +3 |

10. Function:

| |
|--|
| <p>Have you Returned Work or Desired Activities? Yes Partial No</p> |
|--|

11. Medication:

| | |
|---|-----------|
| Medications ceased, changed or started (list changes on page 3) | No Change |
| oMEDD _____ mg morphine (For Staff Use Only) | |

12. Adverse Event or Side Effects

| |
|--------------------------------|
| Nil Yes, (list on page 3) |
|--------------------------------|

13. Based on your recent experience, how likely are you to recommend us to your friends and family?

| | | | | | | | | | | |
|-------------------|---|---|---|---|---|---|---|---|---------------|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Not at all likely | | | | | | | | | Highly Likely | |

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Name:

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Any Medications Stopped

(Tick if Nil)

| Name | Strength | Dose | Frequency |
|------|----------|------|-----------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Adverse Event or Side Effects

(Tick if Nil)

| Event Name & Cause | Severity | Action – what was done |
|--------------------|----------|------------------------|
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Any Medication Changed

(Tick if Nil)

| Name | Strength | Dose | Frequency |
|------|----------|------|-----------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Please shade the areas where you feel pain if it has changed since the last pain drawing. Please shade on the most painful area (using the highlighter tool) – Please refer to Help Guide attached if needed. Thanks.

Any new Medication Started

(Tick if Nil)

| Name | Strength | Dose | Frequency |
|------|----------|------|-----------|
| | | | |
| | | | |
| | | | |
| | | | |

